

SPAR Weeklong Schedule

SPAR Weeklong Schedule								
Time	Day 1 Thursday Aug 12	Day 2 Friday Aug 13	Day 3 Saturday Aug 14	Day 4 Sunday Aug 15	Day 5 Monday Aug 16	Day 6 Tuesday Aug 17		
7:00-7:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
7:45-8:00		Pre-planning for SPAR, Decision making, SPAR kit discussion / show and tell	Decision making map board discussion: Talk through a SPAR	Travel to Cave	Pick off 4A: Intro to pick offs	Travel to cave		
8:00-8:30								
8:30-9:00								
9:00-9:30								
9:30-10:00	Student check in's, waivers, and entry skills SRT testing Optional Mechanical Advantage workshops	Medical Assessment, splinting, hypothermia, suspension trauma	A: Releasable redirect / Skate block conversions B: Traveling Hauls C: Pick off 2: Attaching to patient, Passing rebelays with a patient	A: Improvised Anchors, knots, meat, deadman, / crack & Crevice anchors B: Counterweight systems: Climbing and rappelling C: Convert to rescue 3: Y hangs, hauls, approach line, etc	Pick off Station Stations & optional skill stations	In Cave Experiences		
10:00-10:30		Haul systems review / CW physics / PCD's						
10:30-11:00								
11:00-11:30								
11:30-12:00		Lunch on site	Lunch on site	Lunch on site			Lunch on site	Lunch as able
12:00-12:30		A: Alpine SRT: Rebelay, deviations, J hang, line changes B: Adapting Ascending Systems, Mao, Minimal gear/improvised harnesses / minimal gear climbing C: Diminishing loop basic	A: Contingency Rigging & edge problem solutions B: Convert to rescue 2: adding a 2nd rope and convert to raise. C: Pick off 3: Escapes	A: Traveling Haul & CW edge solutions in cave B Horizontal Traverse Patient Movement & Shelter in Place			Lunch on Site Water Rescue Hypothermia Water Problems: Wet SRT course, horizontal wet passage assist. YOU WILL GET WET!	In Cave Experiences
12:30-13:00								
13:00-13:30								
13:30-14:00		A: Convert to rescue systems 1 B: Pick off 1 Passing on rope leapfrog, downclimb race	AAR & Certificates: Class dismissed from site	Travel back to Cave Tower			Dinner	Return to site and demob
14:00-14:30								
14:30-15:00								
15:00-15:30	(Dinner) Welcome Introductions Site orientation & Safety SPAR Philosophy	A: Patient Packaging & expedition litters	Patient movement drills	Dinner	Instructor Debrief & demob			
15:30-16:00								
16:00-16:30								
16:30-17:00	B: Movement drills (assists, drags and carries with splinted patients)	Good Night!	Good Night!	Rescue Movie Night / Free Time	Evening Presentations / Optional topics / Open practice at tower			
17:00-17:30								
17:30-18:00								
18:00-18:30	Good Night!	Good Night!	Good Night!	Good Night	Good Night!			
18:30-19:00								
19:00-19:30								
19:30-20:00	Good Night!	Good Night!	Good Night!	Good Night	Good Night!			
20:00-20:30								
20:30-21:00								
21:00-21:30	Good Night!	Good Night!	Good Night!	Good Night	Good Night!			
21:30-22:00								
22:30-07:00								

